



## EDCare Body Image Group

Our 10 Week Outpatient Body Image Group is a safe place to mend the relationship you have with your body. Led by our licensed Eating Disorder Therapist, you will build body acceptance through cognitive behavioral and experiential techniques.

**FOR MORE INFORMATION CALL 719-578-5132**

**When:** Friday's from  
12:00 PM – 1:00 PM

**Cost:** \$35.00 per session or get one  
session **FREE** when you pay in advance!

New members need to attend a short orientation prior to starting the group  
- no extra cost -

Participants must be 18 or older, all genders welcome!

**EDCare**   
www.eatingdisorder.care

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