



## **Question To Ask When Choosing an Eating Disorder Treatment Center**

- Do you have experience treating eating disorders?
- What type of training or credentials do you require your staff to have in the treatment of eating disorders?
- Are you accredited with the Joint Commission?
- What levels of care do you offer?
- Does your center use evidence-based treatment models?
- How do you involve family/friends in the recovery process?
- Are you comfortable and familiar working with transgender, non-binary patients?
- Does your center adhere to gender preferences?
- Do you utilize preferred gender pronouns at your center?
- Will my treatment plan be personalized to fit my individual needs?
- Do you treat co-occurring disorders?
- Are you willing to advocate for your patients?