

Eating Disorder Support Group

Constantly thinking about food, weight, or your body?

- Do you constantly feel dissatisfied with your body?
- Do you ever deny or hide your eating behavior?
- Do you compulsively exercise?
- Do you ever vomit after a meal to “control” your weight?
- Do you find yourself emotionally eating or bingeing on a regular basis?
- Do you feel preoccupied with numbers, counting calories, or the size of your clothes?

FREE PEER LED EATING DISORDER SUPPORT GROUP

Every Saturday from 1:30pm to 2:30pm

held at EDCare Denver

4100 E Mississippi Ave, Suite 1300, Denver, CO 80246

For more information, call or email:

(303) 771-0861 | infoDEN@eatingdisorder.care

National Association of Anorexia Nervosa & Associated Disorders

P.O. Box 640, Naperville, IL 60566 | www.anad.org