

Eating Disorder Support Group

Constantly thinking about food, weight, or your body?

- Do you constantly feel dissatisfied with your body?
- Do you ever deny or hide your eating behavior?
- Do you compulsively exercise?
- Do you ever vomit after a meal to “control” your weight?
- Do you find yourself emotionally eating or bingeing on a regular basis?
- Do you feel preoccupied with numbers, counting calories, or the size of your clothes?

FREE PEER LED EATING DISORDER SUPPORT GROUP

Every Saturday from 1:00pm to 2:15pm

held at EDCare Kansas City

8300 College Boulevard, Suite 300 Overland Park, KS 66210

For more information, call or email:

(913) 945-1277 | infoKC@eatingdisorder.care

National Association of Anorexia Nervosa & Associated Disorders

P.O. Box 640, Naperville, IL 60566 | www.anad.org