EDCare
www.eatingdisorder.care

Nourishing Success

Through evidence-based treatment and quality care, we are creating lasting change.

EDCare is a safe and compassionate program dedicated to engaging, lasting eating disorder recovery. With a commitment to evidence-based care, our multidisciplinary team incorporates industry-standard therapies into each individualized treatment plan.

	DENVER	KANSAS CITY	OMAHA
ADULT LEVELS OF CARE (18 AND OLDER)			
Residential (RTC)	✓		
Partial Hospitalization Program (PHP)	✓	✓	✓
Intensive Outpatient Program-Day (IOP)	✓	✓	✓
Evening Intensive Outpatient Program (EIOP)		✓	
Virtual Intensive Outpatient Program (VIOP)	✓	✓	✓
Outpatient Therapy			✓
ADOLESCENT LEVELS OF CARE (13-17 YEARS OLD)			
Partial Hospitalization Program (PHP)	✓	✓	
Intensive Outpatient Program (IOP)	✓	✓	

Our Program Includes:

- CBT-E
- DBT
- ACT
- Art therapy
- Experiential therapy
- Exposure/meal therapy
- Process group therapy
- *And much more!*

Specialty Services:

- Athlete EDGE® at EDCare Program
- Binge Eating Disorder Track
- Substance Use Support Track
- Trauma Track

Treatment Approach:

Our empowerment-based treatment program focuses on building real-life skills necessary for lasting recovery.

Why Choose EDCare?

- Most insurances accepted
- Compassionate, professional care
- Housing available
- Gender inclusive

To learn more please call or visit our website at www.eatingdisorder.care



Denver
(303) 771-0861

Kansas City
(913) 945-1277

Omaha
(402) 408-0294

COMPLEMENTARY ASSESSMENTS

ANOREXIA • BULIMIA • BINGE EATING DISORDER • OSFED