

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Known Diagnoses: \_\_\_\_\_

Allergies to Medications: \_\_\_\_\_

Allergies to Foods (*Note: Eating disorder may include the volitional restriction of certain foods. Declared food allergies must include the results of skin testing or positive history of severe histamine reaction*). Diagnosis of gluten intolerance must include antigen testing or biopsy result.  
Current Medications and Dosage - If diabetic, please include specific insulin types, dosages, and method of administration.


**The following information and tests are necessary and must be included in medical clearance. Patients will not be cleared and scheduled for admission until all data has been received and reviewed.**

**A. Date of exam:**

**Physical Exam**

Ht:	Wt: Wt. Change:	Sitting Blood Pressure-Heart rate:	Temperature:
Orthostatic Blood Pressure and Heart Rate: <b>Supine:</b>		<b>Standing:</b>	

Significant findings at this time: \_\_\_\_\_

**B: EKG (include ECHO if abnormal EKG) Please attach full EKG results.**

**C: Growth Chart:** For individuals ages 18-25, if available.

**D: LABS: ALL of the following labs must be completed:**

<input type="checkbox"/> Comprehensive Metabolic Panel	<input type="checkbox"/> Serum Phosphate	<input type="checkbox"/> CBC
<input type="checkbox"/> Thyroid Function Test (T3 and TSH)	<input type="checkbox"/> Serum Magnesium	<input type="checkbox"/> Urinalysis
<input type="checkbox"/> HgA1C (if diabetic) from within last 3 months	<input type="checkbox"/> Pregnancy Test (if female)	<input type="checkbox"/> Urine Toxicology

**E: FLU SHOT:** EDCare strongly encourages patients to get flu shots before admission.

**F: FOR ADOLESCENTS (ages 17 and under), please provide:**

- Growth chart to date
- Complete record of immunization history

Please indicate any abnormal test results, and the plan to address these at this time: \_\_\_\_\_

Are there any ongoing medical concerns or labs that should be followed in an outpatient capacity? \_\_\_\_\_

Does the patient have any mobility limitations or present a fall risk? \_\_\_\_\_

Is the patient able to transport themselves to and from a day program safely? \_\_\_\_\_

After interviewing the patient, reviewing available medical records, lab values and physical exam, I find \_\_\_\_\_ medically stable and able to participate in an eating disorder day program.

Provider's Printed Name: \_\_\_\_\_ Provider's Phone #: \_\_\_\_\_

Provider's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please fax completed form and results to desired EDCare location. Numbers are listed at the top of this document.**

**FOR INTERNAL USE ONLY**

After reviewing all medical information, I have determined the patient:

- Is medically cleared to admit to EDCare.
- Is NOT medically cleared to admit to EDCare

Reviewed by: \_\_\_\_\_ Date: \_\_\_\_\_

Additional Comments: \_\_\_\_\_



Dear Provider,

In preparation for your patient's admission to our eating disorder program, please order the following lab work and complete the enclosed form. This is needed by our team to assess the medical stability of your patient. Upon discharge, we will send you a summary of your patient's care during their time here.

Respectfully,

*Danielle Burton, MD*

Danielle Burton, MD  
Medical Director  
EDCare

**Please contact your local admissions department if you have any questions.**

Denver (303) 771-0861

Kansas City (913) 945-1277

Omaha (402) 408-0294